



Dr. Clifford A. Jones, Sr.
Senior Minister

May 9, 2010

Prelude
FMBC Orchestra

Invocation

Opening Hymn
Faith of Our Mothers
Hymn No. 410

Welcome

Scripture Readings
Micah 2:1-13

Doxology
Hymn No. 650

Intercessory Prayer

Pastoral Reflections

Offertory/Ministry of Music

Proclamation

Invitation

Benediction

Postlude
Psalm XIX, Benedetto Marcello

*We invite persons with prayer requests to go to **Room 209** immediately following each service. A minister will be there to have prayer with you*

A Celebration of Worship

Health Emphasis
HAPPY MOTHER'S DAY
Sixth Sunday of Easter



Community Food Offering for Sunday

- June 6** *Peanut Butter, Almond Butter, Soy Butter Jellies/Jams*
- July 4** *Crackers, Tuna, Canned Fruit, Juices and Boxed Iced Teas*
- August 1** *School Supplies* (bookbags, pencils, pens, composition books - not spiral notebooks, loose leaf paper, glue sticks, scissors, rulers)
Healthy Snacks, Kleenex, Hand Sanitizers

- If you or someone you know is going into the hospital.....
- If you have experienced the loss of a loved one.....
- If you need counseling.....
- If you have a Prayer Request.....
- If you need to add or remove a name from the Sick and Shut-In List.....

Then...

call **704.391.3884** or

e-mail:

sicknshutin@friendshipcharlotte.org

About Friendship Missionary Baptist Church

3400 Beatties Ford Road
Charlotte, NC 28216
Office - 704-392-0392
Fax-704-391-5800

Prayer Line - 704-391-3880
www.friendshipcharlotte.org

Worship Services
7:30a; 9:30a; 11:30a

Junior Worship (k-5)
7:30a; 11:30a

Youth Worship (6-12)
9:30a; 11:30a

Sunday School - 9:30a-10:30a
(pre-K-Adults)

Adult & Youth Bible Study
Wed., 7:00p

Dr. Clifford A. Jones, Sr., Senior Minister

*120 Years of Progress through Faith, Leadership and Service...
to the Uttermost Parts of the World...*

Faith of Our Mothers

Text: A.B. Patten, 20th C.

Tune: ST. CATHERINE 8 8 8 8 8; Henri Frederick Hemy, 1818-1888

*Faith of our mothers, living yet
In cradle song and bedtime prayer,
In nurs'ry love and fireside love,
Thy presence still pervades the air:
Faith of our mothers, living faith,
We will be true to thee till death.*

*Faith of our mothers, lavish faith,
The fount of childhood's trust and grace,
O may thy consecration prove
The well-spring of a nobler race:
Faith of our mothers, lavish faith,
We will be true to thee till death.*

*Faith of our mothers, guiding faith,
For youthful longing – youthful doubt,
How blurred our vision, blind our way,
Thy providential care without:
Faith of our mothers, guiding faith,
We will be true to thee till death.*

*Faith of our mothers, Christian faith,
In truth beyond our manmade creeds,
Still serve the home and save the church,
And breathe thy spirit through our deeds:
Faith of our mothers, Christian faith,
We will be true to thee till death.*

**Music and Arts in Worship:
7:30a and 9:30a - Orchestra; Male Chorus
11:30a - Male Chorus**

Retreats

WOMEN'S RETREAT 2010

Thurs., Sept. 30—Sat., Oct. 2, Lake Junaluska

"Heart, Spirit and Soul"

Retreat Book: *'The Help'* by Kathryn Stockett

\$225 per person—double occupancy

\$270 per person—single occupancy

includes all meals, transportation, book, retreat materials.

Registration forms and additional information are located in the kiosk near the Welcome Center.

For more information, contact
Terri Wade at **704-615-3819**
Alma Wynn Jones at **704-391-3860**

MEG Retreat 2010

Oct. 1-3

"Understanding Your Spouse"

Holiday Inn Charleston Airport & Convention Center, Charleston, SC

Registration forms are available in the kiosk at the Welcome Center desk.

Early registration - \$400 per couple, final payment must be received by May 23.

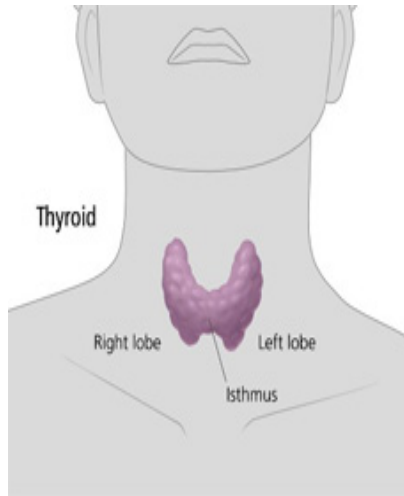
Regular registration - \$450 per couple, final payment must be received by July 18.

Late registration - \$500 per couple, final payment must be received by Sept. 12.

(Fees include lodging, transportation, banquet dinner and material)

Contact Rev. O.T. Tomes at **704-391-3840** or meg-fmbc@earthlink.net.

Health Emphasis for May



ABOUT THE THYROID

The thyroid is a small gland, shaped like a butterfly or bowtie, located in the lower part of your neck, in front of your windpipe. Like other glands, the thyroid secretes hormones. The main hormones released by the thyroid -- triiodothyronine, abbreviated as T3, and thyroxine, abbreviated as T4 -- deliver energy to cells of the body. Thyroid hormones control your metabolism by the process by which oxygen and calories are converted to energy for use by your cells and organs.

Facts about the thyroid:

- ⇒ Affects at least 30 million Americans -- *some experts say 59 million!*
- ⇒ Is easily -- and frequently -- misdiagnosed as depression
- ⇒ Is at least 7 times more likely to affect women
- ⇒ Can be the actual cause of weight gain/difficulty losing weight, fatigue, depression, hair loss, and high cholesterol in some people
- ⇒ Is most often due to autoimmune disease
- ⇒ In women, can cause infertility, low sex drive, miscarriage, irregular menstrual periods, breastfeeding problems, and difficult menopause
- ⇒ Is NOT typically tested for as part of regular blood work in an annual physical
- ⇒ Is often overlooked, misdiagnosed, or insufficiently/incorrectly treated by physicians

www.thyroidawareness.com

From the Pastor...

“Are You Listening”

Word for the Month - **“Leadership”**

Scriptures for the Month - Micah 1:1-16; Acts 1:6-8

Thought for the Week:

The Prophecy of the People’s Prophet

Pastor’s Book of the Month:

Women: A Celebration of Strength by Louise Gikow, Kathy Rodgers and Lynn Schafran and

Have a Little Faith by Mitch Albon

“Additional Readings for the Week”

Mon.	Micah 2:1-3	The dangers of evil...
Tues.	Micah 2:4-6	Micah addresses evil without fear
Wed.	2 Timothy 1:7	God is not a spirit of fear
Thurs.	Micah 2:7-11	Lies or Truth? CHOOSE TRUTH!!
Fri.	Micah 2:12-13	God is Truth.
Sat.	St. John 8:31-32	Truth is LIBERATING!!!

Point to Ponder: *Micah informed evildoers that God knew their actions. God was not pleased with their behavior that affected and effected all including women and children. Micah emphasized the importance of obedience to trust versus being consumed by evil.*

Prayer: *Divine Creator, You know me. You know my strengths and areas of improvement. I need to grow daily in truth by modifying my behaviors that do not bring PRAISE to you. I ask this prayer in Jesus’ name. Amen.*

10 tools for Living Well

1) Connect with Others	6) Create Joy and Satisfaction
2) Stay Positive	7) Eat Well
3) Get Physically Active	8) Take Care of Your Spirit
4) Help Others	9) Deal Better with Hard Times
5) Get Enough Sleep	10) Get Professional Help

For more information please see www.mentalhealthassociation.org

**Deacons
on Call for
the Week**

Matthew Evans	704-629-2723
Carl Flamer	704-535-4344; 980-722-0026
Willie Garris	704-596-4894; 704-451-4234
Mary Starnes	704-674-9025

Discipleship and Christian Education

Every **2nd and 4th Tuesday** for **Seniors** (Zechariah)- **10:30a**

Wednesday Evenings - 7:00p - (Zechariah)

Wednesday Mornings - 11:30a—3301 Beatties Ford Rd (Matthews)

Wednesday Evenings for Children/Youth - 7:00p

Thursday Evenings - 7:00p - 8:30p (Deuteronomy)

Every **1st and 3rd Saturday** for **Women - 3:00p** (The Lord's Prayer)

(Book - *Lord Teach Us* by William H. Willimon and Stanley Hauerwas)



Mark your calendar for our

Vacation Bible School 2010

Galactic Blast is "A Cosmic Adventure in Praising God."

Sun., July 11 - VBS Kickoff, 9:30a—12:00 noon

Classes - Mon., - Thurs., July 12—15, 6:30p—8:30p

Volunteers Needed



We need persons interested in teaching, registration, arts and crafts, Bible story tellers, recreation mission, culinary, outreach, science, hall monitors, music, decorations and more. Join us for "A Cosmic Adventure in Praising God!" Board the starship Galactic Praise to see our awesome universe and our awesome God in a whole new way.

For more information, please contact Bro. James Garvin at jgarvin@carolina.rr.com or Sis. Stefanie Clay at stefanie.clay@wachovia.com.

Vacation Bible School 2010 - Staff Development Calendar

Thurs., May 13 - Team Planning	Tues., May 18 - Required VBS Training
Thurs., May 27—Team Planning	Thurs., June 3 - Team Planning
Thurs., June 10 - Team Planning	Tues., June 15 - Required VBS Training
Thurs., June 24 - Team Planning	Sat., June 26 - Required VBS Training
Tues., July 6 - Required VBS Training	

All team planning classes will be in **Room 356** with the exception of Thurs., June 3 which is in Room 268

North Carolina Dance Theatre **Open Dance Auditions**

Mon., May 17, 6:30p—7:30p - Greenville Recreation Center
Tues., May 18, 6:30p—7:30p - Naomi Drenan Recreation Center
Wed., May 19, 6:30—7:30p - Albermarle Road Recreation Center

Thurs., May 20, 6:30p—7:30p - Bette Rae Thomas Recreation Center

To register, please arrive 45 minutes before audition time.

Open to boys and girls ages 7-10. No previous dance experience required.

Contact April Berry at 704-372-0101, x 109.



Tennis Anyone?!



Attention: Parents of youth Ages 5 – 17

Tennis lessons will be offered the following Saturdays in May:

May 15 from 9:00a to 11:00a at Mason Wallace Park
May 22 from 9:00a to 11:00a at Jeff Adams Tennis Center
May 29 from 9:00a to 11:00a at Holbrook Park, Huntersville
June 5 from 9:00a—11:00a at Sugar Creek Park and Recreation Center
June 12 from 10:00a—12:00p at Garinger High School

The cost of each tennis lesson is a tax deductible donation to the C. Brenda Jones Y.O.U. Scholarship Fund! Your donations will help low income families afford the cost of attending Y.O.U. this summer.

You can sign up for lessons and make donations to the C. Brenda Jones Y.O.U. Scholarship Fund in the Gallery. For further information, please contact Mary Ann Harrington at **704-882-0928**; email cmach4@carolinna.rr.com or Carolyn Lloyd at **704-391-6676**; email clloyd@friendshipcharlotte.org.

Acknowledgements Received from...

Mary Cathey Wilson

Children, Youth and Singles

Save the Date!!!

Youth Revival 2010 - June 20-24

F.L.E.X. - Faithfully Living in Excellence.
 Family Mission Blitz - **Sat., June 19**
 Kick-Off - **Sun., June 20, 9:30a and 11:30a services**
 Nightly worship services - **Mon., June 21—Thurs, June 22, 6:30pm**

Youth Development Basketball Camp

June 14—18, 8:00a. Pick up by 5:30p
For boys and girls, ages 7-15
 Total cost for the week is \$175 with a \$60 non-refundable registration fee paid at time of registration. Payments can be paid in The Gallery on Sundays from 8:30a—1:30p and Wednesdays from 5:00p-7:00p.
Registration must be made before May 15. Registration forms are located on the Children/Youth bulletin board inside the gym. For more information, please contact the DeiVision of Children/Youth at **704-391-3876**.

Mission, Mission, Mission

Come join us as we kick off this year's Youth Revival and FLEX your muscles and heart by giving of your time to help others.
June 19, 8:00a to noon, we, youth and adults, will be disbursed at various mission sites throughout the city to give back. Sign up at the table today to participate in this mission blitz. Contact the Children and Youth office at **704-391-3876** for more information.

56th Annual Lott Carey Youth Seminar, Ages 14-20 **June 26—July 1**

Shaw University, Raleigh, NC
 Registration fee of \$325 includes transportation, lodging, meals and registration fee. Registration deposit of \$75 due by May 16. Balance due by June 13. Registration forms located in the kiosks. Contact Rev. Trevor at **704-391-3876** or www.lottcarey.org/youth-department

Youth Revival Drama Team Needs actors, actresses, tech support and stage help.

To volunteer or for more information, please contact Andrea Tolbert at **803-981-3716** or amt9000@hotmail.com.

Youth Revival Planning Volunteer Meeting

TODAY and Sundays May 16, 23 and June 6
3301 Conference Room, 1:30p—3:30p
 Adults and youth volunteers are needed.

Graduate Sunday 2010 **Sun., June 20, 11:30a**

If you are graduating from daycare, pre-K, K, elementary, middle, high school and college, please register on or before June 7 and return via email, FMBC Welcome Center desk or mail to Dr. Daisy R. Walker at 6611 Woodfield Dr., Charlotte, NC 28215. Registration forms are located in the kiosks.
 For more information, please contact Dr. Daisy Walker at **704-568-5869** or e-mail trulydaisy@bellsouth.net.

Singles Ministry

Putt-Putt Golf and Old School Game Day
Sat., May 22, 5:00p—10:00p, Paradise Valley Par 3, 110 Barton Creek Dr.
 \$14 (which includes food, drinks and putt-putt) must be paid in advance. Contact Antonia Evans at **704-281-4373** or purposefulmbc@gmail.com.

Want to know what's happening in the DeiVision of Children/Youth/Singles?

Check out our new information board located inside the entrance to the FMBC gymnasium.

Adult Membership Classes

Please report to the Welcome Center on the lower level for classroom locations.

Class 201	TODAY 9:30a	Class 401	TODAY 9:30a		
Class 101	Sun., May 16 9:30a	Class 301	Sun., May 16 9:30a	Class 501	Sun., May 16 9:30a
Class 201	Sun., May 23 9:30a	Class 401	Sun., May 23 9:30a		

REGISTRATION IS MANDATORY FOR ALL CLASSES.
YOU MUST REGISTER BY 12:00 NOON ON THE THURSDAY BEFORE THE CLASS YOU WISH TO TAKE

Ways you can register:

704-391-3850; ajones@friendshipcharlotte.org
 or **www.friendshipcharlotte.org** (click on registration/class)

All classes must be taken in sequence (with the exception of Biblical Stewardship—501) beginning with C.L.A.S.S. 101 and all classes are required before receiving the Right Hand of Fellowship.

Upon completion of Classes 101, 201, 301, 401, 501 and Baptism (if applicable), you will be eligible to receive the Right Hand of Fellowship.

For questions concerning baptism or receiving the right hand of fellowship, please contact one of the following:

Rita Franklin, 704-391-6624, rfranklin@friendshipcharlotte.org,
Andrea Betaudier, 704-391-3864, abetaudier@friendshipcharlotte.org,
Phyliss Caldwell, 704-391-3866, pcaldwell@friendshipcharlotte.org

Bibles Needed for Prison Ministry Drive

The FMBC Prison Ministry needs your help. If you have any gently used or new bibles, please donate them. The bibles will be donated to the inmates at the Mecklenburg County Jail. The bibles must not have any names, addresses or phone numbers listed on them.

Each Sunday in May, there will be drop off bins at both entrances of the church. Thank you so much for your support of this May Bible Drive for the Prison Ministry.

MEG—COUPLES' MINUTE

May 2010

Parenting

Q: How do we handle sassiness in our young children?

It's not uncommon for young children to try their parents with sassiness. That can include reactions such as rolling the eyes, a sigh, a grunt, or saying things like, "Who cares?" or "Whatever!" when their parents tell them to do something.

When children say things like that - or even demonstrate those attitudes - it needs to be dealt with swiftly, because the underlying tone is, "**I'm in charge, and you're not.**"

I would start by taking the child in my lap, hugging and loving on him/her, and then saying, "You're a terrific person, but we want you to know that you are being disrespectful when you talk like that. Your attitude isn't pleasing to God, is it? God wants you to be respectful of Mommy and me, and/or Mommy/Daddy if a single parent".

Such words of love and correction should be followed with a clear warning of the consequences, should the negative attitude continue. We believe it is important to warn our children, because in the Scripture God repeatedly warned His children. He told them what would happen if they disobeyed. Our kids need to know the limits and what will happen if they disobey.

For information concerning MEG, Premarital and Postmarital relationship questions, please contact Rev. O. T. Tomes **704-391-3840** or email otomes@friendshipcharlotte.org

Married Couples are on the Endangered Species List!

The illusions created by Hollywood, the media and the booming romance industry are destroying today's marriages. Satan would have you believe that all of the answers to your marriage lie within you. This is not true. In reality, the answers lie in God. The will to reach for those answers lies in you. Every couple who wants to grow their relationship with their spouse and with Christ are invited to join us beginning **TODAY at 9:30a** in the **Library on the 3rd floor at 3400 Beatties Ford Road**. The book is "*Marriage ROCKS for Christian Couples*" by Dr. Harold L. Arnold, Jr., which can be purchased in The Gallery

For information and questions, please contact Rev. O.T. Tomes at **704-392-3840** or otomes@friendshipcharlotte.org.

Mark your calendar for the
2010 Debutantes for Christ
hosted by the Baptist Women United ministry

Sat., May 15, at 3:00p

Come and join us as these Debs present their talents and profess their love of God during this celebratory event. For further information, please contact Sis. Tiffany Allen at **614-571-0649** or Sis. Marlena Pickens Young at **704-517-3515**.

Seniors in the Spotlight

Tues., May 11

Care Team Meeting, 10:00a

Bible Study, 10:30a

Ensemble Rehearsal, 12:15p

Sun., May 16

Senior Sunday, 7:30a, 9:30a, 11:30a services

Tues., May 18

Seniors' Resource Fair

A day of no-cost services and resources focusing on senior health and well being. Keynote speaker during lunch.

Must register for lunch before May 11.

704-391-3860.

Thurs., May 27

***Movie Day*, admission \$1 includes movie, snack, beverage**

Tues., June 8

Seniors' Picnic/Senior Games at Friendship

All Seniors are asked to bring HOMEMADE cakes and canned beverages.

Tues., Aug. 17

Motown's Love Machine

Greensboro Barn Dinner Theater

\$60 per person includes transportation,

dinner and show. Deposit or payment in full must be accompanied with registration.

Contact Alma at 704-391-3860.

Friendship Community Development Corporation

SAT/College Prep Classes Starting Soon!!!

7 sessions \$150

Students receive (6) 2.5 hr classes; (1) practice test; materials - Official SAT Study Guide.

Balance of sessions:

Session 4, Tues., May 11, 6:00p - 8:30p

Session 5, Tues., May 18, 6:00p - 8:30p

Session 6, Tues., May 25, 6:00p - 8:30p

Session 7, Tues., June 1, 6:00p - 8:30p

To enroll, call Kevin Abplanalp at **704-307-8975**.

Free 10-day ***Employment Readiness*** class sponsored by the Friendship CDC focusing on resume development, networking skills, interview preparation and finding unadvertised employment opportunities. Classes will be located at My Sister's House - 3239 Beatties Ford Road. Call for more details, **704-391-6695**.